

# Comparison of serum cardiac troponin- I and creatine kinase MB isoenzyme concentrations in asphyxiated neonates

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## ABSTRACT

### Objective

To assess the correlation of signs of myocardial damage to serum cardiac troponin I (cTnI) and creatine kinase MB isoenzyme (CK-MB) concentrations.

### Material- Methods

Blood samples were collected from 25 asphyxiated term neonates and 25 controls at 12h of age by immunoassay. The asphyxiated neonates were followed up until discharge or death.

### Results

Asphyxiated neonates had significantly higher concentrations of cTnI and CK-MB than controls ( $P<0.001$ ). Serum cTnI concentrations were significantly higher in asphyxiated neonates who developed hypotension, heart failure or those with low ejection fraction ( $P<0.01$ ). Serum cTnI concentrations were significantly higher in asphyxiated who died than those who survived ( $P<0.01$ ). There was no significant difference in serum CK-MB mass concentrations between asphyxiated neonates with and without these complications.

### Conclusions

Unlike CK-MB, serum cTnI concentrations were significantly higher in asphyxiated neonates who died or developed cardiac dysfunction.

**Keywords:** *Troponin I, perinatal mortality, asphyxia neonatorum, creatine kinase/MB form, cardiac failure.*

## INTRODUCTION

Perinatal asphyxia, defined as an impairment of exchange of respiratory gases during the perinatal period, results in hypoxic and/or ischemic injuries to various organs of the newborn.<sup>1,2</sup> When myocardial perfusion is compromised, the papillary muscles and subendocardial areas of the neonatal heart are particularly vulnerable,<sup>3</sup> and myocardial ischemia and infarction are reported to be relatively common in asphyxiated neonates.<sup>4</sup> However, different clinical pictures are associated to neonatal

myocardial ischemia.<sup>5</sup>

Electrocardiogram (ECG) is not so helpful in neonates as it is in adults.<sup>6</sup> Newborns do not manifest a classical pattern of ECG changes representative of asphyxiated myocardium. The pathological Q-waves in adults with myocardial infarction are almost non-existent in these neonates.<sup>7</sup> Echocardiography (EchoCG) changes suggestive of myocardial damage are present only when the damage is severe.<sup>8</sup> On the EchoCG ischemia is manifested by poor left ventricular function and mitral or tricuspid valve incompetence.<sup>9</sup>

Troponin is an inhibitory protein complex located on the actin filament in all striated muscle and consists of three subunits T, C and I. The cardiac troponins T (cTnT) and I (cTnI) are currently used as biochemical markers for myocardial ischemic changes in adults, but their clinical significance in neonates is still questioned.<sup>10</sup>

Elevated cTnT levels have been detected in newborn and in different perinatal conditions such as placental insufficiency, birth asphyxia and respiratory distress syndrome.<sup>11</sup> An elevation in cord blood cTnI has been shown to be a predictor of severe perinatal hypoxia and no detectable concentrations in healthy term neonates.<sup>12</sup>

Serum Creatine Kinase MB isoenzyme (CK-MB) mass concentration is a biochemical marker of neonatal myocardial damage.<sup>13</sup> The main disadvantage of CK-MB is its lack of cardiac-specificity in children below 4 years of age. Gestation, sex, modes of delivery, and birth weight may affect CK-MB levels.<sup>14</sup>

Our aim was to investigate the usefulness of cardiac troponin I (cTnI) and Creatine Kinase MB (CK-MB) in the diagnosis of myocardial injury due to birth hypoxia.

## PATIENTS AND METHODS

This was a prospective observational study carried out in the labour room and neonatal intensive care unit (NICU) of Cairo University Hospital over a 6 month period from September 2007. This study was approved by the Scientific and Ethics Committee of Cairo University.

Twenty five term neonates (gestational age from 37 to <42) were eligible for the study. The inclusion criteria of perinatal asphyxia consisted of at least two of the following features: (i) evidence of fetal distress as indicated by thick meconium-stained liquor and/or abnormal cardiotocographic changes (sustained fetal bradycardia, late deceleration) (ii) Apgar score  $\leq 3$  at 1-min and  $\leq 6$  at 5 min (iii) an umbilical

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